

DICEMBRE 2020

DECEMBER 2020

IHC

ITALIAN HERITAGE CENTER
EST. 1953



A Message From President Carmela Reali

To all our members and your families, please continue to be safe and take care of yourselves. COVID 19 is running rapid throughout the State of Maine and around the country. It is something we need to take very seriously! If you need anything, please get in touch with us.

We as a Board, voted to not have a General Meeting for the next few months and see where this goes. We will however continue to have our Board of Director meetings and strive to keep the IHC going. We will continue to keep you updated with our newsletter. This is a very different time in our lives, but we need to remain optimistic and take care of one another.

I want to thank all the members and neighborhood people for supporting our CURBSIDE events. We will continue with this. We will also have a Holiday catering Menu available and will be announced on FACEBOOK and sent out through CONSTANT CONTACT.

We will get through this together.

Because of the restrictions from the CDC, we will not be having a member Holiday Party, nor will we be having a New Year's Eve celebration because we cannot have a band, singing or dancing.

We look forward to doing all these things soon but for now; be kind, be safe, and enjoy your family.

We WILL however have our ANNUAL ITALIAN PASTRY SALE AND LUNCHEON. EVERYTHING WILL BE "TO GO" It is Saturday, December 5, 2020 from 10:00 a.m. to 3:00 p.m. We will have homemade Italian Cookies, Pastry from Modern Pastry, (Boston's North End) and an assortment of Luncheon items.

For more information, please call 939-8570. As always, thank you for your continued support.

Have a great month.

Cammy Reali, President
Italian Heritage Center President

**GENERAL MEETING:
NO DECEMBER MEETING**



OFFICE HOURS
10am to 6pm - Tuesday to Saturday
manager@italianheritagecenter.com
207-772-2500



Italian Heritage Center Officers

President, Carmela Dalfonso Reali	207-939-8570	cammyr1@myfairpoint.net
Vice President, Vincenza Dunn	207-774-5003	vdunn@maine.rr.com
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Recording Secretary, Andrea Doria		adoria@maine.rr.com
Past President, Frank Reali	207-772-5831	francopropertiesllc@yahoo.com

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Italian Heritage Center Committee chairs

Activities Committee	Darlene Napolitano	207-899-5356	dnap5580@gmail.com
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Sergeant At Arms	Peter Doria		pldelectric@aol.com
Technology Committee	Bill Cox	207-776-5868	billcox@maine.rr.com

Italian Heritage Center Missione e Scopo

The Center is committed and dedicated to:

1. Preservation and promotion of our Italian Heritage, culture and history
2. Maintaining a vital repository of and being an important resource for information about Italy and the Italian experience in America Social, charitable, benevolent, and educational endeavors
3. Teaching the Italian language and the history of Italy and Italian Immigration to Maine
4. Offering instruction on the significant contributions Italians have made to the Arts, Sciences, and Humanities
5. Fostering the sharing and handing down of customs, traditions and cuisine from generation to generation

APPARTENENZA



MEMBERSHIP

If you are not receiving our IHC emails please send an email to Nikki at membership@italianheritagecenter.com so that you don't miss out on any important messages. We receive a lot of bounce back emails that are incorrect. We want to make sure our members are kept informed. I hope all our members are doing well. If you have any questions or need something please don't hesitate to call or email me. Thank you, Vicki Dunn, Membership Chair ... vdunn@maine.rr.com



Membership is an important part in the success of our organization, this is our club and hopefully we can enjoy the full activates we offer soon. If you have any changes such as your address, phone or email please let me know via email at membership@italianheritagecenter.com. Please remember to put your membership number on all your correspondence

Pot of Gold ... as soon as the IHC business opens entirely we will resume the daily drawing, this allows members to freely enter the business during business hours. Please follow the newsletter and website for the exciting day we open!! Until we can all gather again have be safe!

Thank you, *Nicola Cox*, Membership Secretary



Welcome

RACHAEL FOSTER



JUDY FASULO STORER

Italian Name: Fasulo

Sponsor: Cammy Reali

BENEFICENZA

KATIE GUZMAN
207-400-4794

KGUZMAN1655@GMAIL.COM

CHARITY



The charity committee will be taking on *McAuley* residence for our Christmas family to sponsor this year.

10 Mothers / 19 Children

The list below is what you could help us with to make a great christmas for these families.



BOY A
AGE 3
SIZE 4T
Magnet Tiles
Kinetic Sand
Small
Trampoline

BOY A
AGE 13
SIZE mens med
Amazon GC
5 below GC
Legos

BOY C
AGE 15
SIZE mens med
Amazon GC
5 Below GC

BOY E
AGE 3
SIZE 4T
Magnet Tiles
Kinetic Sand
Small Trampoline

BOY E
AGE 6
SIZE Med (8)
Legos
Pokémon Cards
Craft Supplies

BOY J
AGE 6
SIZE MED (8)
Magnet Tiles
Kinetic Sand
Legos

BOY J
AGE 7
SIZE 10/12
Kinetic Sand
Legos
Razor
Scooter

BOY O
AGE 5
SIZE Small (6)
Legos
Pokémon Cards
Craft Supplies

BOY S
AGE 12
SIZE mens med
Art supplies
5 Below GC

BOY S
AGE 8
SIZE Large
(12/14)
Legos
Pokemon Cards

BOY T
AGE 3
SIZE 4T
Magnet Tiles
Legos
Kinetic Sand

BOY T
AGE 4
SIZE 5T
Magnet Tiles
Legos
Kinetic Sand



McAuley residence

GIRL A
AGE 10
SIZE women (S)
Old Navy GC
Goodwill GC
5 Below GC

GIRL A
AGE 2
SIZE 18 months
Baby Doll/
Playset
Little People

GIRL B
AGE 1 month
SIZE 6/9 months
Play Mat
Infant Toys
Bath Toys

GIRL C
AGE 8
SIZE Large
Craft Stuff
LoL's
Razor Scooter

GIRL I
AGE 1
SIZE 18 months
Little People
Musical Toys

GIRL I
AGE 10
SIZE X-Large
Razor Scooter
Makeup

GIRL S
AGE 5
SIZE small (6)
Kinetic sand
LOL's
Craft supplies

Due to the COVID-19 Pandemic, your Cultural Committee hasn't scheduled any indoor events in December.



The IHC Book Club will not meet in November due to the Thanksgiving Holiday. We will virtually meet again on December 9th to discuss our new book, Mark Rotella's "Amore, The Story of Italian American Song". "Amore" is a celebration of the "Italian decade"—the years after the war and before the Beatles when Frank Sinatra, Perry Como, Dean Martin, and Tony Bennett, among others, won the hearts of the American public with a smooth, stylish, classy brand of pop. In Rotella's vivid telling, the stories behind forty Italian American classics (from "O Sole Mio," "Night and Day," and "Mack the Knife" to "Volare" and "I Wonder Why") show how a glorious musical tradition became the sound track of postwar America and the expression of a sense of style that we still cherish. Anyone interested in joining our book club can join in. Just contact Jim Dibiase at 767-2292.



There are still a few Italian Flag Banners available. The flags are 12"x18" on a 2-foot wooden stick. Great quality polyester. Ideal for placing near the gravestone of a departed loved one or placing on your property on Columbus Day or any other time. They are \$5.00 each. Call Jim DiBiase at 767-2292 to order.



Lettomanoppello
 Shepherd's Hut 2017



Italian Pastries, Autofest 2017



Lancia Autofest 2017



Abruzzese Sheepdog
 (cane da pastore) Maremmano



Palace of the Popes, Viterbo, Italy



IHC Band Cultural Exchange, Nepi 2010

Italian Trivia-

While you are languidly bobbing up and down in a gondola, or sipping an aperitif in front of the Pantheon, you can express the pleasure that her (his) company gives you with a simple but effective: "It's wonderful to be with you".



fantastico stare da soli
 meraviglioso stare con te

stupendo stirare con te
 splendido essere a casa

If you don't know the answer to this, ask Gina DiPietrantonio Ferrante, Assunta Savage or Jim DiBiase.

If you know of any IHC members who are ill or recently deceased (including family members), and would like the IHC to send them or their family a get well card, sympathy card, or mass card, please have them call me or email me. Please make sure that we have the correct mailing address as all cards will go directly to the recipient's home address.

BORSA DI STUDIO



JUDY FERRANTE
207-671-9412
JFERRANTE2@ME.COM

We are requesting a donation of **\$20.21 from 75 members to help fund our 2021-22 Scholarship Campaign Goal.***

For about the price of a lobster roll your generosity would have a positive impact on our IHC recipient's education, the one scholarship given out by the members.

In appreciation all donors will be invited to a Patio Party.

Please send your tax deductible donation to
IHC Charitable Trust
Scholarship
Attn: Bookkeeper
40 Westland Ave.
Portland, ME 04103

**This Scholarship Campaign ends
December 31, 2020**



SCHOLARSHIP



Indeed we are all hopeful that the Covid 19 will become history soon.

We volunteers on the IHC scholarship team are all looking forward to the fabulous Barry Manilow/Rod Stewart Show this coming May 2, 2021. We still don't know what the impact of Covid limitations will be. Thank you for partnering with our latest efforts!

Sunday, May 2, 2021 featuring Jay Gates. He will deliver a stellar performance of Barry Manilow and Rod Stewart! This event supports the IHC Scholarship. Also, we may work out another activity, if it is possible virtually. TBD. Let's be hopeful that this Covid Virus is 100% under control for everyone's well-being!

STRUTTURA

FRANK REALI
207-772-5831
FRANCOPROPERTISESLLC@YAOO.COM

FACILITIES



I would like to thank Tom Watson, Ed Angelo and Bill Lucatuorto for helping me in the kitchen during the election bake sale. We had fun working together.



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to put an ad in the newsletters!**

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A list of all testing sites in Maine can also be found at [Get-Tested-COVID19.org](https://www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing).

This list and the website are being updated frequently in collaboration with Maine DHHS.

Municipality	Testing center	Website	Phone
Auburn	St. Mary's Urgent Care 791 Turner St	Stmarysmaine.com	207-330-3900
Auburn	CVS Pharmacy 8 Union Street	Cvs.com	207-784-9101
Brunswick	ConvenientMD Urgent Care 193 Bath Road	convenientmd.com	207-424-2272
Brunswick	Mid Coast-Parkview Health 329 Maine Street	mainehealth.org	207-373-6699
Falmouth	Walgreens 33 Depot Road	Walgreens.com	207-781-4414
Lewiston	Central ME Healthcare 287 Main Street	Cmhc.org	207-786-1851
Lewiston	CVS Pharmacy 446 Sabattus Street	Cvs.com	207-783-3784
Portland	Northern Light Mercy Hospital COVID Testing Ctr 175 Fore River Parkway	Northernlighthealth.org	207-879-3000
Portland	ConvenientMD Urgent Care 191 Marginal Way	convenientmd.com	207-517-3838
Portland	CVS Pharmacy 111 Auburn Street	Cvs.com	207-797-3393
Portland	Walgreens 616 Forest Avenue	Walgreens.com	207-761-9454
Scarborough	ClearChoiceMD Urgent Care 273 Payne Road	Ccmdcenters.com	207-618-9355
South Portland	Walgreens 279 Main Street	Walgreens.com	207-741-2260
Westbrook	ConvenientMD Urgent Care 90 Main Street	Convenientmd.com	207-517-3800
Westbrook	Westbrook Public Safety 570 Main Street	Solvhealth.com	207-854-0655

FOR MORE LOCATIONS: <https://www.maine.gov/covid19/restartingmaine/keepmainehealthy/testing>

What to do if you are sick

Call ahead to a health care professional if you develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing. Tell your health care professional about any recent contact with people infected with COVID-19. Your healthcare professional will work with Maine CDC to determine if you need to be tested for COVID-19.

If you are sick or would like to be tested for COVID-19 but do not have a primary care provider, you can visit an urgent care or walk-in facility for care and testing. **Always call before you arrive** to let them know you are coming. Please reserve Emergency Rooms for patients whose symptoms require emergency care.

What if I am under-insured?

Mainers who may have lost their job or income due to the COVID-19 pandemic are encouraged visit www.coverme.gov to find insurance options. This website can also assist Mainers who never had insurance coverage.

Maine residents who are uninsured are entitled to receive coverage for testing and diagnosis of COVID-19 at no cost, administered through the Maine Care program. Coverage includes testing for the COVID-19 diagnosis as well as limited related services, including office visits and evaluations, telehealth triage and screening, but does not include coverage for services for treatment.

What happens when Maine CDC identifies someone with COVID-19?

When a person is identified as having COVID-19, they are asked to self-isolate at home if they are well enough or are isolated in hospital if required. This continues until they meet criteria for release from isolation.

When Maine CDC is notified of a positive result, an epidemiologist reaches out to the patient to conduct an investigation. Close contacts of the positive person who may have been exposed are identified and contacted. These individuals are instructed to quarantine for 14 days and monitor for symptoms.

What is the difference between isolation and quarantine?

Self-quarantine means that you need to separate yourself from others because you may have been exposed to the COVID-19 virus but are not currently symptomatic. Individuals asked to quarantine should do so for 14 days from their last exposure to the individual with COVID-19. *Self-isolation* means that you need to separate yourself from others because you either 1) *you are* infected with the COVID-19 virus and you had a positive COVID-19 test; or, 2) you *are probably* infected because you are a close contact of a confirmed case and have symptoms, although you have not been tested. The length of time an individual self-isolates depends on the course of their illness.

For both self-quarantine and self-isolation:

- * Stay home
- * You cannot go to public places even for essential reasons, including grocery stores
- * Plan to have enough food available or arrange to have it delivered to you to complete your quarantine/isolation
- * Do not have visitors in your home
- * Keep a distance of at least 6 feet from other people
- * During self-quarantine, you can have contact with other members of your household
- * During self-isolation, you should avoid having contact with other members of your household as much as possible

How can a person be released from isolation at home?

People who test positive or people who Maine CDC ask to self isolate should do so until:

At least 10 days have passed since symptoms first appeared, AND At least 1 day (24 hrs.) has passed since recovery (no fever without the use of fever-reducing medications), AND Improvement in symptoms All close contacts of a person who has tested positive for COVID-19 must stay home (self-quarantine) for 14 days from the time of their last exposure U.S. CDC provides specific release from isolation guidance for healthcare workers with confirmed or suspected COVID-19.

101 REASONS TO BE
PROUD YOU'RE
ITALIAN



REASON # 19
POPULAR MUSIC



Italians are born entertainers. Whether it's in the kitchen, on the front porch, or at Carnegie Hall, entertaining is a natural extension of the Italian passion for life. The substantial and ongoing contribution by Italians to American popular music is another source of pride, here are just a few of the very best:

Dean Martin, born Dino Tony Crocetti, was a class act. A member of the illustrious Rat Pack, with paisani Sammy David Jr. and Frank Sinatra, he was the wild card in the Vegas deck - a lady's man, a gambler, a drinker. Ordinarily, these would be considered unflattering traits, but Martin wore the suit with style. Always a wisecracker, he would often pull pranks in the middle of the concert with his pals, even stealing the show from the great Sinatra with his charm. As an actor, he was one of the best straight men ever. His seventeen films with Jerry Lewis are comedy classics. And Martin infused American popular music with songs that had a distinctly Italian flavor - like "That's Amore," "Oh Marie," "Volare," "On an Evening in Roma," "In Napoli," and many others.

Henry Mancini was another icon of popular music culture. Between 1958 and 1964, he was the king of music for Hollywood films and television. Think of Peter Gunn or Pink Panther and you can't help but hum one of Mancini's memorable themes. "Moon River," "Days of Wind and Roses," and "The Baby Elephant Walk," are further testament to his ability to evoke strong emotions with his melodies. All in all, he won twenty Grammys, had seven gold records, and garnered four Oscars for this work.

Louis Prima, a.k.a. "the Wildest," was the true essence of the Italian celebrative spirit. With his raspy rumble, hilarious lyrical improvisations, and raucous trumpet playing (earning him his other nickname, "the Lip"), Prima made his audiences grin from ear to ear. With his wife Keely Smith's silky vocals and deadpan style complementing his rough voice and clowning antics, he was the toast of the Las Vegas strip from the 1950s to the early 1960s. A Sicilian by descent, he is forever immortalized as the voice of King Louie the Orangutan, singing "I Wanna Walk Like You" in Disney's *The Jungle Book* (1967).

And what tribute to Italian popular singers would be complete without mentioning the incomparable talents of Tony Bennett? In voice and phrasing he ranks second only to Sinatra. With memorable interpretations of such classics as "I Left My Heart in San Francisco" and "Because of You," Bennett's voice is always evocative of a heightened emotional state. And he's the only singer of this era to truly cross the generation gap by having an extraordinarily successful concert on MTV Unplugged, winning him a Grammy and legions of new pierced and tattooed young fans.

Music is a passion deep within the soul of every proud Italian. Listening to these artists stirs that passion in each of us.

Pensa a me con un sorriso nel tuo cuore perché volo con gli angeli e ballo tra le stelle
Think of me with a smile in your heart for I fly with angels & dance amongst the stars



Joan Bartlett Nicholas Colucci Paul Connolly Jim DiPhilippo
Beth Leone Maria Marzilli Marianna Grimaldi-Oleson
Michael Pizzo Mary-Jane Robichaud
Eleanor Caprio-Small Phyllis Tripaldi Maria Trivellin

If you would like your loved one's name in the Memoriam section or if you are a lifetime member and would like to list your name as a Lifetime Member, please contact Francine at 772-2500. The cost is \$10 per name for the July 2019 to June 2020. *Please let us know if we have the spelling incorrect.*

LA CANTINA



If you are bringing guests to the Cantina, please make sure that you sign them in. Your guests may not arrive before you and must depart with you. Thank-you!



During the month we may be adding different things or making changes to our Cantina nights. We will also post the Menu on Thursday, this will be posted on our Facebook page
 Darlene Napolitano
 Activities Chair



Dec. 2nd	4:30pm	Dinner @ 4:30p - 6p \$10pp / Show Me The \$ @ 6p
Dec. 9th	4:30pm	Dinner @ 4:30p - 6p \$10pp / Show Me The \$ @ 6p
Dec. 16th	4:30pm	Dinner @ 4:30p - 6p \$10pp / Show Me The \$ @ 6p





DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 4:30p - 6p McAuley Drop off 5pm Show Me The \$	3	4	5 10a - 3p BAKE SALE
6	7	8 FEAST OF THE IMMACULATE CONCEPTION 6:30pm Virtual Cultural Mtg	9 4:30p - 6p McAuley Drop off 5pm Show Me The \$ 6:30p Book Club Virtual Mtg	10	11	12
13	14	15 4p Scholarship Zoom Mtg	16 5pm Show Me The \$	17 5pm Board Mtg No General Mtg	18	19
20	21	22	23	24 	25 	26
27	29	30	31	Italian Idiom for December (nonna said it best): Quando l'uccello abassa il volo, segno di cattivo tempo. <i>"A bird in low flight signals a storm in sight."</i>		